



Nutritional Information - Delight Mozzarella Pizzas - UK

Gluten Free Pizzas	Pizza name	Size	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
	GF Cheese & Tomato	Small	244	1019	8.0	4.7	27.4	4.3	1.8	14.5	1.23	0.48
	GF Vegi Supreme	Small	195	815	5.8	3.3	25.1	4.3	1.9	10.0	0.89	0.35
	GF Pepperoni Passion	Small	289	1203	14.3	7.0	23.6	3.7	1.5	15.7	1.79	0.71
	GF Texas BBQ	Small	271	1140	7.8	1.9	39.4	12.3	4.5	8.8	1.93	0.76
	GF New Yorker	Small	249	1042	11.3	4.7	22.8	3.5	1.6	13.3	1.62	0.64

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)												
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)			
753	3150	24.8	14.7	84.7	13.2	5.5	44.8	3.81	1.50			
709	2967	20.9	11.9	91.2	15.5	7.0	36.3	3.22	1.27			
1046	4362	51.7	25.3	85.4	13.2	5.5	56.9	6.50	2.56			
788	3320	22.6	5.5	114.6	36.0	13.1	25.7	5.61	2.21			
928	3878	41.9	17.3	84.8	13.0	5.8	49.6	6.03	2.37			

Delight Pizzas	Pizza name	Size	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
	Delight Chicken	Large	208	870	4.5	2.0	27.4	4.3	3.8	12.7	1.07	0.42
		Medium	210	879	4.7	2.3	26.9	3.5	4.4	12.8	1.17	0.46
		Small	215	900	4.6	2.1	28.4	4.5	4.0	12.9	1.09	0.43
	Delight Vegi	Large	201	840	4.4	1.9	28.4	4.2	3.9	10.0	1.03	0.41
		Medium	201	839	4.5	2.3	27.5	4.3	4.1	10.5	1.13	0.44
		Small	206	862	4.5	2.1	28.6	4.4	3.8	10.8	1.02	0.40

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)												
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)			
446	1867	9.7	4.3	58.8	9.2	8.2	27.3	2.30	0.90			
368	1540	8.2	4.0	47.2	6.1	7.7	22.4	2.05	0.81			
606	2535	13.0	5.9	80.0	12.7	11.3	36.4	3.08	1.21			
440	1840	9.6	4.2	62.2	9.2	8.5	21.8	2.26	0.89			
360	1507	8.1	4.1	49.4	7.7	7.4	18.8	2.03	0.80			
596	2495	13.0	6.1	82.8	12.7	11.0	31.3	2.95	1.16			

Pizza name	Crust Type	Size	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
American Hot	Classic Crust	Large	254	1068	8.1	3.2	33.5	6.7	3.7	10.1	1.72	0.67
		Medium	262	1101	9.3	3.7	29.0	5.7	3.7	13.9	1.80	0.71
		Small	248	1036	9.1	3.9	28.5	4.2	2.6	11.9	1.67	0.66
		Personal	289	1214	9.4	3.8	38.7	6.3	2.6	11.1	1.86	0.73
	Italian Style Crust	Large	248	1042	9.8	4.3	26.2	6.1	3.4	12.2	1.83	0.72
		Medium	251	1052	10.8	4.6	26.3	6.3	3.1	10.6	2.18	0.86
		Small	268	1125	10.3	4.2	30.0	3.6	2.4	12.6	2.07	0.81
	Stuffed Crust	Large	258	1084	10.3	5.0	25.5	6.9	2.6	14.5	1.82	0.72
		Medium	252	1055	10.3	4.8	25.1	5.9	3.2	13.1	1.75	0.69
	Thin & Crispy Crust	Large	263	1100	11.4	4.8	28.2	5.8	1.7	10.9	2.02	0.79
		Medium	279	1171	12.3	5.1	28.3	5.9	2.3	12.8	2.15	0.85
	Tabasco & Cheese Stuffed Crust	Large	236	988	9.2	5.0	25.1	3.6	2.2	12.1	1.67	0.66
Medium		259	1080	10.6	5.3	27.2	4.0	2.9	12.1	1.86	0.73	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)												
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)			
585	2460	18.6	7.3	77.1	15.3	8.6	23.2	3.95	1.55			
523	2194	18.5	7.5	57.8	11.3	7.3	27.7	3.58	1.41			
1016	4239	37.1	16.0	116.7	17.2	10.7	48.5	6.83	2.69			
547	2297	17.7	7.2	73.3	11.9	5.0	21.0	3.52	1.38			
477	2004	18.9	8.3	50.3	11.7	6.5	23.4	3.52	1.39			
422	1767	18.1	7.8	44.2	10.5	5.3	17.8	3.66	1.44			
836	3511	32.2	13.2	93.6	11.2	7.5	39.5	6.47	2.54			
689	2890	27.5	13.2	68.1	18.4	7.0	38.7	4.85	1.91			
622	2603	25.4	11.9	62.0	14.6	7.8	32.2	4.32	1.70			
429	1800	18.6	7.9	46.1	9.5	2.8	17.8	3.30	1.30			
408	1711	17.9	7.4	41.4	8.6	3.3	18.8	3.14	1.24			
689	2879	26.9	14.5	73.3	10.5	6.5	35.3	4.85	1.91			
638	2665	26.2	13.0	67.1	10.0	7.1	29.9	4.58	1.80			

Pizza name	Crust Type	Size	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Americano	Classic Crust	Large	307	1292	9.2	3.7	41.8	12.2	2.9	13.1	1.93	0.76
		Medium	315	1324	9.6	3.7	42.4	10.5	2.1	13.9	2.14	0.84
		Small	325	1365	10.0	4.1	43.3	10.2	2.6	14.1	1.79	0.71
		Personal	330	1390	9.6	3.9	46.3	10.9	2.6	13.6	1.77	0.70
	Italian Style Crust	Large	302	1266	10.1	4.2	39.1	14.9	2.4	12.4	1.72	0.68
		Medium	288	1202	9.5	4.5	36.8	10.9	1.5	13.2	1.89	0.74
		Small	293	1225	10.8	5.0	34.4	10.1	1.6	14.1	2.00	0.79
	Stuffed Crust	Large	298	1249	10.7	5.2	35.0	10.4	3.3	13.8	1.91	0.75
		Medium	292	1226	10.3	5.1	33.6	10.1	4.0	14.3	1.85	0.73
	Thin & Crispy Crust	Large	314	1317	11.0	4.6	35.6	13.2	2.8	16.8	1.98	0.78
		Medium	331	1389	12.1	4.9	41.4	13.6	2.0	13.4	2.30	0.91
	Tabasco & Cheese Stuffed Crust	Large	277	1157	9.5	4.7	33.2	7.8	2.5	13.7	1.76	0.69
Medium		293	1225	10.7	5.2	33.3	1.8	2.8	14.5	1.90	0.75	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)												
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)			
696	2928	20.8	8.4	94.7	27.7	6.5	29.7	4.37	1.72			
620	2604	18.8	7.4	83.4	20.7	4.1	27.2	4.21	1.65			
1088	4574	33.6	13.6	145.3	34.1	8.7	47.2	6.01	2.36			
622	2617	18.1	7.3	87.1	20.6	4.8	25.5	3.33	1.31			
569	2389	19.1	7.9	73.8	28.0	4.6	23.4	3.24	1.27			
599	2500	19.8	9.4	76.5	22.6	3.2	27.4	3.93	1.55			
905	3780	33.3	15.3	106.2	31.1	4.8	43.6	6.16	2.42			
783	3286	28.2	13.6	91.9	27.5	8.8	36.3	5.03	1.98			
713	2991	25.1	12.5	82.1	24.8	9.8	34.9	4.50	1.77			
502	2109	17.7	7.3	57.0	21.1	4.5	26.9	3.17	1.25			
475	1993	17.3	7.0	59.4	19.5	2.9	19.2	3.30	1.30			
798	3334	27.3	13.4	95.5	22.5	7.1	39.4	5.08	2.00			
715	2989	26.1	12.6	81.3	4.5	6.8	35.5	4.64	1.82			

Pizza name	Crust Type	Size	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Bacon Double Cheese	Classic Crust	Large	251	1059	7.5	2.7	32.0	6.2	3.5	12.3	1.31	0.52
		Medium	257	1080	8.3	3.0	27.8	5.3	3.5	15.9	1.35	0.53
		Small	242	1013	8.1	3.1	27.6	3.9	2.5	13.6	1.26	0.50
		Personal	285	1198	9.4	3.0	36.0	5.7	2.4	12.9	1.48	0.58
	Italian Style Crust	Large	245	1032	9.1	3.7	24.8	5.6	3.1	14.7	1.35	0.53
		Medium	245	1029	9.6	3.8	25.0	5.8	2.9	13.2	1.63	0.64
		Small	259	1092	9.0	3.1	28.8	3.2	2.3	14.8	1.53	0.60
	Stuffed Crust	Large	256	1075	9.8	4.5	24.5	6.5	2.5	16.3	1.47	0.58
		Medium	248	1039	9.5	4.2	24.3	5.6	3.0	14.8	1.39	0.55
	Thin & Crispy Crust	Large	258	1085	10.4	4.0	26.5	5.2	1.6	13.9	1.44	0.57
		Medium	271	1139	10.9	4.1	26.7	5.4	2.1	15.7	1.53	0.60
	Tabasco & Cheese Stuffed Crust	Large	235	983	8.8	4.5	24.2	3.3	2.1	13.8	1.35	0.53
Medium		254	1063	9.9	4.7	26.1	3.8	2.7	13.8	1.50	0.59	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)												
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)			
605	2547	18.1	6.4	76.9	14.9	8.5	29.5	3.16	1.24			
532	2236	17.2	6.3	57.6	11.0	7.2	33.0	2.80	1.10			
1019												

Catalan Chicken and Chorizo	Classic Crust	Medium	243	1020	7.7	2.8	27.2	5.7	3.6	14.4	1.24	0.49	543	2281	17.3	6.2	60.9	12.7	8.1	32.3	2.78	1.09
		Small	225	941	7.5	3.0	25.5	4.3	2.6	12.7	1.16	0.45	1004	4218	33.3	12.2	124.6	20.8	10.6	47.0	4.90	1.93
		Personal	262	1099	7.5	2.8	34.6	6.1	2.7	12.5	1.29	0.51	582	2447	16.8	6.2	77.1	13.5	6.0	27.9	2.88	1.13
	Italian Style Crust	Large	233	979	8.6	3.3	24.5	6.0	3.3	13.0	1.25	0.49	511	2144	18.9	7.3	53.6	13.1	7.3	28.5	2.73	1.07
		Medium	230	964	8.8	3.4	24.6	6.2	3.2	11.7	1.48	0.58	442	1855	17.0	6.5	47.3	11.9	6.1	22.5	2.85	1.12
		Small	241	1011	7.8	2.9	28.0	3.8	2.5	13.6	1.37	0.54	856	3598	27.8	10.3	99.5	13.7	9.0	48.4	4.87	1.91
	Stuffed Crust	Large	246	1033	9.4	4.2	24.3	6.7	2.7	14.9	1.38	0.54	723	3033	27.6	12.3	71.4	19.8	7.8	43.8	4.06	1.60
		Medium	237	993	8.9	3.9	24.0	5.9	3.2	13.6	1.30	0.51	642	2690	24.2	10.7	65.1	15.9	8.6	36.9	3.51	1.38
	Thin & Crispy Crust	Large	243	1019	9.8	3.6	26.0	5.7	1.9	12.0	1.32	0.52	463	1942	18.7	6.9	48.5	10.9	3.7	22.9	2.51	0.99
		Medium	252	1055	9.8	3.6	26.1	5.8	2.4	13.7	1.37	0.54	429	1799	16.8	6.2	44.5	10	4.1	23.4	2.33	0.91
	Tabasco & Cheese Stuffed Crust	Large	228	953	8.3	4.3	24.5	3.7	2.3	12.7	1.28	0.50	794	3315	29.0	14.9	85.4	13.0	8.1	44.1	4.44	1.75
		Medium	243	1015	9.3	4.4	25.7	4.2	2.9	12.7	1.40	0.55	658	2751	25.2	11.8	69.7	11.3	7.8	34.5	3.81	1.50

Pizza name	Crust Type		Per 100g										Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Chicken Feast	Classic Crust	Large	233	985	4.2	1.6	33.7	6.3	3.8	13.5	1.08	0.42	553	2335	10.0	3.8	80.0	14.8	9.0	32.1	2.56	1.01
		Medium	238	1001	4.8	1.9	29.6	5.3	3.7	17.5	1.11	0.43	496	2050	9.8	3.9	60.5	10.9	7.6	35.8	2.26	0.89
		Small	225	942	4.7	2.1	29.4	3.9	2.7	15.0	1.03	0.41	926	3879	19.5	8.9	121.2	16.2	11.3	61.8	4.28	1.67
		Personal	265	1116	5.1	2.1	38.9	5.9	2.7	14.6	1.21	0.47	515	2173	10.0	4.0	75.8	11.6	5.3	28.3	2.34	0.92
	Italian Style Crust	Large	224	944	5.2	2.4	26.8	5.6	3.4	16.2	1.07	0.42	445	1879	10.3	4.7	53.3	11.2	6.8	32.3	2.13	0.84
		Medium	222	936	5.5	2.4	27.1	5.8	3.2	15.0	1.35	0.53	385	1623	9.5	4.2	46.9	10.1	5.6	25.9	2.34	0.92
		Small	237	1001	4.6	1.9	31.2	3.3	2.6	16.8	1.24	0.49	746	3151	14.6	6.0	98.2	10.2	8.0	52.8	3.90	1.53
	Stuffed Crust	Large	240	1011	6.9	3.5	26.0	6.5	2.7	17.4	1.27	0.50	657	2767	19.0	9.7	71.1	17.9	7.3	47.6	3.47	1.36
		Medium	232	975	6.6	3.3	25.7	5.6	3.2	16.0	1.19	0.47	585	2459	16.7	8.4	64.8	14.1	8.2	40.4	2.99	1.18
	Thin & Crispy Crust	Large	233	983	5.9	2.5	28.8	5.3	1.9	15.7	1.12	0.44	398	1677	10.1	4.3	49.2	9.0	3.2	26.7	1.91	0.75
		Medium	245	1034	6.1	2.6	29.1	5.4	2.4	17.7	1.20	0.47	372	1567	9.3	3.9	44.1	8.2	3.7	26.9	1.82	0.72
	Tabasco & Cheese Stuffed Crust	Large	220	923	6.1	3.7	25.6	3.3	2.3	14.8	1.16	0.46	658	2756	18.3	11.0	76.3	10.0	6.9	44.3	3.47	1.36
Medium		239	999	7.0	3.8	27.5	3.8	2.9	15.0	1.31	0.51	601	2520	17.7	9.5	69.4	9.5	7.4	37.9	3.29	1.29	

Pizza name	Crust Type		Per 100g										Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Deluxe	Classic Crust	Large	245	1032	7.4	2.9	32.8	6.5	3.7	10.2	1.32	0.52	581	2445	17.5	6.8	77.7	15.5	8.7	24.3	3.14	1.23
		Medium	252	1058	8.4	3.4	28.4	5.6	3.6	13.9	1.39	0.54	519	2179	17.4	7.0	58.5	11.5	7.4	28.7	2.85	1.12
		Small	239	997	8.2	3.6	28.0	4.1	2.6	12.0	1.31	0.51	1005	4195	34.6	15.0	118.0	17.4	10.9	50.3	5.49	2.16
		Personal	275	1156	8.2	3.3	37.8	6.2	2.6	11.3	1.44	0.57	540	2270	16.1	6.5	74.2	12.1	5.0	22.1	2.83	1.11
	Italian Style Crust	Large	238	1000	9.0	3.9	25.6	6.0	3.3	12.3	1.36	0.54	474	1989	17.8	7.8	51.0	11.9	6.6	24.5	2.71	1.07
		Medium	239	1003	9.8	4.2	25.7	6.1	3.1	10.8	1.68	0.66	418	1752	17.0	7.3	44.9	10.7	5.4	18.9	2.93	1.15
		Small	255	1071	9.2	3.7	29.3	3.5	2.4	12.8	1.58	0.62	825	3467	29.7	12.1	95.0	11.4	7.6	41.3	5.13	2.02
	Stuffed Crust	Large	251	1052	9.7	4.7	25.2	6.8	2.6	14.6	1.48	0.58	685	2877	26.5	12.7	68.8	18.6	7.1	39.8	4.04	1.59
		Medium	244	1021	9.6	4.5	24.8	5.8	3.1	13.1	1.41	0.56	618	2589	24.3	11.5	62.8	14.7	7.9	33.3	3.59	1.41
	Thin & Crispy Crust	Large	250	1049	10.3	4.3	27.5	5.7	1.7	11.1	1.46	0.57	426	1787	17.6	7.4	46.9	9.6	3.0	18.9	2.49	0.98
		Medium	265	1113	11.0	4.5	27.8	5.8	2.2	13.0	1.58	0.62	415	1739	17.1	7.1	43.4	9.0	3.5	20.3	2.46	0.97
	Tabasco & Cheese Stuffed Crust	Large	230	961	8.7	4.7	24.8	3.6	2.2	12.2	1.36	0.53	686	2856	25.9	14.0	74.0	10.6	6.6	36.4	4.04	1.59
Medium		250	1045	10.0	5.0	26.6	4.0	2.8	12.2	1.53	0.60	634	2650	25.3	12.6	67.4	10.1	7.1	30.9	3.88	1.53	

Pizza name	Crust Type		Per 100g										Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Farmhouse	Classic Crust	Large	215	908	4.1	1.6	32.4	6.5	3.7	10.3	1.24	0.49	511	2153	9.8	3.8	76.9	15.4	8.7	24.4	2.95	1.16
		Medium	218	916	4.7	1.9	28.0	5.5	3.6	14.0	1.30	0.51	448	1888	9.7	4.0	57.7	11.4	7.4	28.8	2.67	1.05
		Small	206	860	4.6	2.1	27.7	4.1	2.6	12.0	1.22	0.48	865	3620	19.5	9.0	116.4	17.3	10.9	50.5	5.13	2.02
		Personal	246	1036	5.1	2.1	37.5	6.1	2.6	11.3	1.38	0.54	481	2026	9.9	4.1	73.2	12.0	5.0	22.0	2.71	1.06
	Italian Style Crust	Large	202	853	5.1	2.4	25.2	5.9	3.3	12.4	1.27	0.50	403	1698	10.1	4.8	50.2	11.8	6.6	24.6	2.52	0.99
		Medium	199	836	5.4	2.5	25.3	6.1	3.1	10.9	1.57	0.62	347	1461	9.4	4.3	44.1	10.6	5.4	19.0	2.74	1.08
		Small	212	894	4.5	1.9	28.9	3.5	2.4	12.8	1.47	0.58	685	2889	14.6	6.2	93.4	11.3	7.6	41.3	3.75	1.87
	Stuffed Crust	Large	225	945	6.9	3.6	24.8	6.8	2.6	14.6	1.41	0.55	615	2585	18.8	9.7	68.0	18.5	7.1	39.9	3.86	1.52
		Medium	216	906	6.6	3.3	24.4	5.8	3.1	13.2	1.34	0.53	547	2297	16.6	8.5	61.9	14.6	7.9	33.4	3.40	1.34
	Thin & Crispy Crust	Large	208	877	5.8	2.6	27.0	5.6	1.7	11.2	1.35	0.53	356	1498	9.9	4.4	46.2	9.6	3.0	19.1	2.30	0.91
		Medium	218	919	6.0	2.8	27.0	5.7	2.2	13.0	1.46	0.57	334	1405	9.2	3.9	41.3	8.7	3.4	19.9	2.23	0.88
	Tabasco & Cheese Stuffed Crust	Large	206	862	6.1	3.7	24.5	3.5	2.2	12.2	1.29	0.51	615	2574	18.2	11.0	73.2	10.6	6.6	36.6	3.86	1.52
Medium		222	930	7.0	3.8	26.3	3.9	2.8	12.2	1.46	0.57	563	2358	17.6	9.6	66.6	10.0	7.1	31.0	3.70	1.45	

Pizza name	Crust Type		Per 100g										Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Fiery Vegi Sizzler	Classic Crust	Large	215	908	4.0	1.6	34.4	6.8	3.8	8.6	1.22	0.48	481	2030	9.0	3.5	76.8	15.3	8			

		Per 100g										
		Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
	Medium	237	966	6.2	2.7	32.8	6.8	3.0	11.5	1.23	0.48	
Tabasco & Cheese Stuffed Crust	Large	215	898	6.2	3.8	27.2	4.0	2.6	11.5	1.18	0.46	
	Medium	233	975	7.1	3.9	29.5	4.5	3.3	11.3	1.33	0.52	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)												
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)			
321	1349	8.4	3.6	44.4	9.2	4.0	15.5	1.67	0.66			
602	2517	17.4	10.7	76.3	11.1	7.2	32.2	3.30	1.30			
550	2301	16.8	9.3	69.7	10.6	7.7	26.6	3.14	1.23			

Pizza name	Crust Type	Per 100g										
		Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
Full House	Classic Crust	Large	229	965	6.3	2.5	31.4	6.5	3.5	10.2	1.24	0.49
		Medium	233	980	7.1	2.9	27.3	5.7	3.4	13.6	1.28	0.51
		Small	222	928	7.0	3.0	26.9	4.3	2.5	11.8	1.22	0.48
		Personal	259	1089	8.0	3.2	34.3	5.9	2.3	11.5	1.45	0.57
	Italian Style Crust	Large	220	924	7.6	3.3	24.6	6.0	3.1	12.1	1.26	0.49
		Medium	219	918	8.1	3.5	24.7	6.2	2.9	10.7	1.53	0.60
		Small	232	975	7.5	3.1	27.8	3.8	2.2	12.5	1.45	0.57
	Stuffed Crust	Large	236	992	8.6	4.2	24.4	6.8	2.5	14.2	1.39	0.55
		Medium	229	960	8.4	4.0	24.1	5.9	3.0	12.9	1.33	0.52
	Thin & Crispy Crust	Large	228	956	8.6	3.6	26.2	5.8	1.7	10.9	1.33	0.52
		Medium	239	1002	9.0	3.7	26.1	5.8	2.1	12.6	1.42	0.56
	Tabasco & Cheese Stuffed Crust	Large	218	911	7.7	4.2	24.2	3.8	2.1	12.0	1.28	0.50
		Medium	235	982	8.8	4.4	25.8	4.2	2.7	12.0	1.44	0.57

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)												
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)			
591	2488	16.3	6.4	80.9	16.9	8.9	26.3	3.19	1.25			
524	2201	15.9	6.4	61.3	12.7	7.6	30.5	2.89	1.13			
1014	4238	31.9	13.3	123.1	19.7	11.3	53.9	5.57	2.19			
581	2444	18.0	7.2	76.9	13.3	5.3	25.8	3.26	1.28			
483	2031	16.6	7.3	54.2	13.3	6.8	26.5	2.76	1.09			
423	1775	15.6	6.7	47.7	11.9	5.6	20.6	2.96	1.16			
835	3510	27.0	11.1	100.1	13.7	8.0	44.9	5.21	2.05			
695	2920	25.3	12.3	72.0	20.0	7.3	41.8	4.10	1.61			
623	2611	22.9	10.9	65.5	15.9	8.1	35.0	3.62	1.42			
436	1829	16.4	6.9	50.0	11.0	3.2	20.9	2.54	1.00			
410	1720	15.4	6.4	44.8	10.0	3.6	21.6	2.44	0.96			
695	2907	24.7	13.6	77.1	12.0	6.8	38.4	4.09	1.61			
639	2671	23.9	12.0	70.1	11.3	7.3	32.6	3.91	1.54			

Pizza name	Crust Type	Per 100g										
		Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
Ham & Pineapple	Classic Crust	Large	225	950	4.3	1.7	34.6	7.6	3.7	10.3	1.28	0.51
		Medium	228	959	4.9	2.0	30.0	6.6	3.6	14.1	1.34	0.53
		Small	214	894	4.8	2.2	29.3	5.0	2.5	12.1	1.25	0.49
		Personal	255	1076	5.2	2.2	39.6	7.2	2.5	11.2	1.42	0.56
	Italian Style Crust	Large	214	900	5.3	2.5	27.4	7.2	3.3	12.5	1.32	0.52
		Medium	210	882	5.6	2.6	27.5	7.4	3.0	10.9	1.64	0.64
		Small	223	939	4.7	2.0	31.1	4.6	2.3	12.9	1.53	0.60
	Stuffed Crust	Large	234	982	7.1	3.7	26.4	7.7	2.5	14.8	1.45	0.57
		Medium	224	940	6.8	3.4	25.9	6.6	3.1	13.3	1.38	0.54
	Thin & Crispy Crust	Large	222	933	6.1	2.7	29.7	7.1	1.6	11.2	1.41	0.56
		Medium	232	977	6.3	2.7	29.7	7.2	2.1	13.2	1.52	0.60
	Tabasco & Cheese Stuffed Crust	Large	214	893	6.3	3.8	25.9	4.3	2.2	12.3	1.33	0.52
		Medium	231	965	7.2	3.9	27.8	4.8	2.8	12.3	1.50	0.59

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)												
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)			
510	2150	9.7	3.8	78.3	17.1	8.3	23.3	2.91	1.14			
447	1884	9.6	4.0	59.0	13.0	7.0	27.8	2.63	1.03			
864	3616	19.3	9.0	118.7	20.2	10.2	48.8	5.06	1.99			
481	2026	9.8	4.1	74.6	13.6	4.7	21.1	2.67	1.05			
402	1694	10.0	4.8	51.6	13.6	6.1	23.5	2.48	0.98			
346	1457	9.2	4.3	45.4	12.2	5.0	18.0	2.70	1.06			
685	2888	14.4	6.2	95.7	14.2	7.0	39.8	4.70	1.85			
614	2582	18.6	9.7	69.4	20.2	6.7	38.8	3.81	1.50			
547	2294	16.5	8.4	63.2	16.2	7.6	32.4	3.36	1.32			
354	1492	9.7	4.4	47.5	11.3	2.5	17.9	2.26	0.89			
333	1402	9.0	3.9	42.6	10.3	3.0	18.9	2.18	0.86			
614	2571	18.0	11.0	74.6	12.3	6.2	35.4	3.81	1.50			
563	2355	17.5	9.6	67.8	11.6	6.8	30.0	3.66	1.44			

Pizza name	Crust Type	Per 100g										
		Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
Hawaiian	Classic Crust	Large	212	895	4.0	1.6	32.4	7.1	3.5	9.9	1.20	0.47
		Medium	214	902	4.6	1.9	28.0	6.2	3.4	13.5	1.25	0.49
		Small	203	848	4.5	2.1	27.6	4.7	2.5	11.6	1.18	0.46
		Personal	241	1015	4.9	2.0	37.1	6.8	2.4	10.8	1.33	0.52
	Italian Style Crust	Large	199	838	4.9	2.3	25.3	6.7	3.1	11.9	1.22	0.48
		Medium	195	821	5.2	2.4	25.3	6.8	2.9	10.4	1.51	0.59
		Small	208	876	4.4	1.9	28.8	4.3	2.2	12.3	1.41	0.56
	Stuffed Crust	Large	222	933	6.7	3.5	24.9	7.3	2.5	14.2	1.37	0.54
		Medium	213	894	6.4	3.3	24.5	6.3	3.0	12.8	1.30	0.51
	Thin & Crispy Crust	Large	204	859	5.6	2.5	27.1	6.5	1.6	10.6	1.29	0.51
		Medium	214	899	5.8	2.5	27.0	6.5	2.0	12.4	1.39	0.55
	Tabasco & Cheese Stuffed Crust	Large	204	852	6.0	3.6	24.6	4.1	2.1	11.9	1.26	0.49
		Medium	219	918	6.8	3.7	26.3	4.5	2.7	11.8	1.42	0.56

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)												
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)			
514	2167	9.8	3.8	78.4	17.2	8.5	24.0	2.91	1.14			
451	1900	9.6	4.0	59.1	13.0	7.2	28.4	2.63	1.03			
871	3645	19.4	9.0	118.8	20.2	10.5	49.9	5.07	1.99			
484	2040	9.9	4.1	74.6	13.6	4.9	21.7	2.67	1.05			
406	1712	10.0	4.8	51.7	13.6	6.4	24.2	2.48	0.98			
350	1473	9.3	4.3	45.5	12.2	5.2	18.6	2.71	1.06			
692	2916	14.5	6.2	95.8	14.2	7.3	40.9	4.71	1.85			
618	2600	18.7	9.7	69.5	20.3	6.9	39.5	3.82	1.50			
550	2310	16.6	8.4	63.3	16.3	7.8	33.0	3.36	1.32			
359	1509	9.8	4.4	47.6	11.4	2.8	18.6	2.26	0.89			
337	1418	9.1	3.9	42.6	10.3	3.2	19.5	2.19	0.86			
619	2589	18.1	11.0	74.7	12.3	6.4	36.2	3.82	1.50			
566	2370	17.6	9.6	67.9	11.6	7.0	30.6	3.66	1.44			

Pizza name	Crust Type	Per 100g										
		Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
Hot & Spicy	Classic Crust	Large	229	965	5.1	2.0	34.4	6.8	3.9	9.5	1.32	0.52
		Medium	233	981	5.7	2.4	30.2	5.9	3.9	13.3	1.35	0.53
		Small	219	917	5.6	2.6	29.8	4.4	2.8	11.2	1.25	0.49
		Personal	264	1110	6.1	2.5	40.2	6.5	2.8	10.5	1.44	0.57
	Italian Style Crust	Large	218	917	6.3	2.9	27.1	6.3	3.5	11.6	1.36	0.53
		Medium	216	906	6.6	3.0	27.6	6.6	3.4	9.8	1.66	0.65
		Small	230	971	5.7	2.5	31.7	3.8	2.6	11.8	1.53	0.60
	Stuffed Crust	Large	237	995	7.8	4.0	26.2	7.1	2.7	14.1	1.48	0.58
		Medium	228	957	7.5	3.8	26.0	6.1	3.3	12.6	1.39	0.55
	Thin & Crispy Crust	Large	227	954	7.3	3.2	29.4	6.0	1.9	10.1	1.46	0.57
		Medium	240	1008	7.5	3.3	29.9	6.2	2.5	12.0	1.55	0.61
	Tabasco & Cheese Stuffed Crust	Large	216	905	6.9	4.1	25.7	3.7	2.3	11.7	1.35	0.53
		Medium	235	983	7.9	4.2	27.9					

Meateor	Crust Type	Size	Per 100g										
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
Italian Style Crust	Classic Crust	Small	320	1343	12.2	4.1	39.1	9.2	2.2	12.3	1.74	0.68	
		Personal	327	1373	13.3	4.4	38.5	9.2	2.0	12.2	1.81	0.71	
		Large	300	1259	12.3	4.3	35.8	13.6	2.1	10.5	1.69	0.66	
		Medium	286	1196	11.3	4.6	33.9	10.0	1.3	11.6	1.84	0.72	
Stuffed Crust	Classic Crust	Large	297	1245	12.2	5.2	32.8	9.8	3.0	12.4	1.88	0.74	
		Medium	291	1218	11.8	5.1	31.3	9.5	3.6	12.9	1.80	0.71	
Thin & Crispy Crust	Classic Crust	Large	311	1305	13.4	4.7	32.1	11.9	2.4	14.3	1.92	0.75	
		Medium	324	1361	14.3	4.9	36.9	12.2	1.6	11.2	2.19	0.86	
Tabasco & Cheese Stuffed Crust	Classic Crust	Large	277	1158	11.0	4.7	31.3	7.4	2.2	12.4	1.74	0.68	
		Medium	291	1218	12.2	5.2	31.0	1.7	2.5	13.1	1.85	0.73	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)												
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)			
1177	4947	45.0	15.2	144.1	33.8	8.0	45.2	6.41	2.52			
736	3092	30.0	9.8	86.8	20.7	4.5	27.6	4.07	1.60			
613	2571	25.1	8.9	73.1	27.9	4.3	21.5	3.44	1.35			
641	2676	25.3	10.3	75.9	22.4	2.9	26.1	4.12	1.62			
994	4152	44.6	16.9	105.0	30.8	4.1	41.5	6.56	2.58			
828	3471	34.1	14.5	91.4	27.3	8.5	34.5	5.23	2.06			
755	3167	30.7	13.4	81.5	24.6	9.4	33.5	4.69	1.84			
546	2292	23.6	8.3	56.4	20.9	4.2	25.1	3.37	1.32			
517	2169	22.8	7.8	58.8	19.4	2.6	17.8	3.49	1.37			
841	3515	33.3	14.4	94.8	22.3	6.7	37.6	5.28	2.07			
757	3165	31.7	13.5	80.7	4.3	6.4	34.1	4.82	1.90			

Pizza name	Crust Type	Size	Per 100g										
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
Meatlicious	Classic Crust	Large	266	1121	8.0	2.5	33.7	6.4	3.6	13.2	1.51	0.60	
		Medium	272	1145	9.0	2.9	29.0	5.3	3.5	17.1	1.58	0.62	
		Small	256	1072	8.8	3.1	28.2	3.8	2.5	14.8	1.49	0.58	
		Personal	299	1257	10.6	3.2	35.3	5.5	2.3	14.4	1.77	0.70	
	Italian Style Crust	Large	263	1105	9.7	3.5	26.4	5.7	3.2	16.0	1.59	0.63	
		Medium	263	1105	10.5	3.7	26.3	5.9	3.0	14.4	1.92	0.76	
		Small	278	1171	10.0	3.1	29.6	3.1	2.2	16.5	1.83	0.72	
	Stuffed Crust	Classic Crust	Large	269	1130	10.3	4.4	25.7	6.6	2.5	17.3	1.65	0.65
			Medium	260	1091	10.1	4.2	25.1	5.6	3.1	15.7	1.58	0.62
	Thin & Crispy Crust	Classic Crust	Large	280	1175	11.3	3.9	28.5	5.4	1.6	15.3	1.74	0.68
			Medium	293	1232	11.9	3.9	28.3	5.4	2.1	17.2	1.86	0.73
	Tabasco & Cheese Stuffed Crust	Classic Crust	Large	246	1029	9.2	4.4	25.2	3.3	2.1	14.6	1.51	0.59
Medium			267	1115	10.5	4.6	27.0	3.7	2.7	14.7	1.70	0.67	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)												
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)			
607	2555	18.1	5.6	76.8	14.5	8.3	30.1	3.45	1.36			
540	2272	17.8	5.8	57.6	10.6	7.0	34.0	3.14	1.23			
1055	4415	36.3	12.7	116.3	15.7	10.2	60.9	6.12	2.41			
622	2617	22.0	6.6	73.6	11.4	4.8	30.0	3.68	1.45			
499	2098	18.4	6.6	50.0	10.9	6.2	30.3	3.03	1.19			
439	1845	17.5	6.1	44.0	9.8	5.0	24.1	3.21	1.26			
876	3687	31.4	9.8	93.3	9.7	7.0	51.9	5.78	2.26			
711	2987	27.1	11.6	67.8	17.6	6.7	45.6	4.36	1.71			
639	2681	24.7	10.2	61.8	13.8	7.6	38.5	3.87	1.52			
451	1896	18.2	6.2	45.9	8.6	2.6	24.7	2.80	1.10			
426	1790	17.3	5.7	41.1	7.9	3.0	25.1	2.70	1.06			
711	2974	26.5	12.8	73.0	9.6	6.2	42.2	4.36	1.71			
655	2742	25.7	11.4	66.4	9.2	6.8	36.1	4.17	1.64			

Pizza name	Crust Type	Size	Per 100g										
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
Meat Lovers	Classic Crust	Large	269	1133	9.4	3.1	32.4	6.1	3.5	12.1	1.64	0.65	
		Medium	276	1158	10.5	3.6	27.8	5.1	3.4	15.8	1.72	0.68	
		Small	260	1086	10.2	3.7	27.1	3.7	2.4	13.7	1.62	0.64	
		Personal	303	1274	10.9	3.3	37.1	5.7	2.4	12.8	1.76	0.69	
	Italian Style Crust	Large	267	1120	11.3	4.2	25.1	5.5	3.1	14.5	1.74	0.68	
		Medium	267	1121	12.1	4.4	25.0	5.6	2.9	13.0	2.07	0.82	
		Small	282	1186	11.7	3.9	28.1	2.9	2.1	15.0	1.99	0.78	
	Stuffed Crust	Classic Crust	Large	272	1140	11.4	4.9	24.8	6.4	2.5	16.2	1.75	0.69
			Medium	263	1102	11.2	4.7	24.3	5.4	3.0	14.7	1.69	0.66
	Thin & Crispy Crust	Classic Crust	Large	284	1189	13.1	4.7	26.9	5.1	1.5	13.7	1.90	0.75
			Medium	297	1245	13.7	4.8	26.7	5.1	2.0	15.5	2.03	0.80
	Tabasco & Cheese Stuffed Crust	Classic Crust	Large	249	1040	10.2	4.9	24.5	3.2	2.1	13.7	1.61	0.63
Medium			270	1126	11.6	5.1	26.1	3.6	2.7	13.7	1.81	0.71	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)												
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)			
634	2667	22.1	7.3	76.3	14.4	8.3	28.4	3.86	1.52			
567	2381	21.5	7.3	57.2	10.5	7.1	32.6	3.54	1.39			
1106	4621	43.4	15.6	115.4	15.6	10.3	58.2	6.91	2.72			
595	2502	21.5	6.5	72.8	11.3	4.8	25.1	3.45	1.36			
526	2211	22.3	8.3	49.6	10.8	6.2	28.7	3.44	1.35			
466	1954	21.2	7.7	43.6	9.7	5.1	22.7	3.62	1.42			
927	3893	38.5	12.8	92.3	9.6	7.0	49.2	6.54	2.57			
738	3100	31.0	13.2	67.4	17.5	6.7	43.9	4.77	1.88			
666	2791	28.4	11.8	61.4	13.8	7.6	37.2	4.28	1.68			
479	2008	22.1	7.9	45.5	8.6	2.8	23.1	3.21	1.26			
453	1899	21.0	7.3	40.8	7.8	3.1	23.7	3.10	1.22			
738	3086	30.4	14.5	72.5	9.6	6.2	40.6	4.77	1.87			
682	2852	29.4	13.0	66.0	9.1	6.8	34.7	4.57	1.80			

Pizza name	Crust Type	Size	Per 100g										
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
Meatza Pizza	Classic Crust	Large	264	1109	8.6	3.4	32.7	6.1	3.5	12.3	1.61	0.63	
		Medium	270	1132	9.6	3.9	28.0	5.1	3.4	16.1	1.69	0.67	
		Small	254	1060	9.3	4.0	27.4	3.7	2.4	13.9	1.59	0.63	
		Personal	293	1232	9.4	3.8	37.9	5.8	2.5	13.1	1.70	0.67	
	Italian Style Crust	Large	260	1092	10.3	4.5	25.4	5.5	3.1	14.8	1.71	0.67	
		Medium	260	1090	11.1	4.8	25.3	5.6	2.9	13.3	2.04	0.80	
		Small	274	1151	10.5	4.3	28.5	3.0	2.2	15.3	1.95	0.77	
	Stuffed Crust	Classic Crust	Large	267	1119	10.7	5.1	25.0	6.5	2.5	16.3	1.73	0.68
			Medium	258	1081	10.5	4.9	24.4	5.4	3.0	14.9	1.66	0.65
	Thin & Crispy Crust	Classic Crust	Large	276	1156	12.0	5.1	27.3	5.1	1.5	14.0	1.86	0.73
			Medium	289	1209	12.5	5.2	27.0	5.1	2.0	15.8	1.99	0.78
	Tabasco & Cheese Stuffed Crust	Classic Crust	Large	245	1022	9.6	5.1	24.6	3.2	2.1	13.8	1.58	0.62
Medium			265	1105	10.9	5.4	26.3	3.6	2.7	13.9	1.78	0.70	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)												
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)			
622	2615	20.2	8.0	77.0	14.5	8.4	29.0	3.80	1.49			
556	2332	19.7	8.0	57.8	10.6	7.1	33.2	3.49	1.37			
1080	4508	39.4	17.0	116.7	15.7	10.3	59.3	6.76	2.66			
571	2399	18.2	7.4	73.7	11.3	4.8	25.5	3.30	1.30			
514	2156	20.4	8.9	50.2	10.9	6.2	29.2	3.37	1.32			
455	1908	19.4	8.3	44.2	9.8	5.1	23.4	3.57	1.40			
900	3780	34.5	14.2	93.6	9.7	7.1	50.3	6.40	2.52			
725	3044	29.1	13.9	68.0	17.6	6.7	44.5	4.70	1.85			
656	2745	26.7	12.5	62.1	13.8	7.6	37.8	4.22	1.66			
466	1954	20.2	8.5	46.1	8.6	2.6	23.6	3.15	1.24			
442												

Tabasco & Cheese Stuffed Crust	Large	232	968	9.1	4.8	23.3	3.3	2.1	13.2	1.49	0.59
	Medium	250	1043	10.3	5.0	24.8	3.6	2.6	13.2	1.67	0.66
737	3078	28.9	15.3	74.2	10.3	6.6	42.0	4.75	1.87		
680	2842	28.0	13.7	67.5	9.8	7.1	36.1	4.55	1.79		

Pizza name	Crust Type	Per 100g										
		Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
Mixed Grill	Classic Crust	Large	240	1010	7.3	2.2	31.4	6.0	3.4	10.6	1.30	0.51
		Medium	245	1028	8.2	2.6	27.1	5.0	3.3	14.1	1.35	0.53
		Small	232	972	8.1	2.8	26.6	3.7	2.4	12.2	1.28	0.50
		Personal	273	1148	9.2	2.6	34.9	5.5	2.3	11.5	1.47	0.58
	Italian Style Crust	Large	232	976	8.7	3.1	24.4	5.4	3.1	12.6	1.33	0.52
		Medium	232	972	9.4	3.2	24.3	5.5	2.8	11.2	1.61	0.63
		Small	245	1033	8.9	2.8	27.4	3.0	2.1	13.0	1.53	0.60
	Stuffed Crust	Large	246	1032	9.5	4.0	24.3	6.3	2.4	14.7	1.45	0.57
		Medium	238	999	9.3	3.8	23.8	5.4	2.9	13.3	1.38	0.54
	Thin & Crispy Crust	Large	242	1018	9.9	3.4	26.0	5.0	1.6	11.5	1.42	0.56
		Medium	254	1067	10.5	3.4	25.8	5.0	2.0	13.2	1.51	0.59
	Tabasco & Cheese Stuffed Crust	Large	226	945	8.5	4.1	23.9	3.2	2.1	12.4	1.33	0.52
Medium		244	1022	9.7	4.3	25.6	3.6	2.6	12.4	1.49	0.59	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
597	2512	18.1	5.5	78.1	14.9	8.6	26.3	3.23	1.27	
532	2237	17.7	5.7	58.9	11.0	7.3	30.7	2.93	1.15	
1040	4352	36.2	12.5	119.0	16.5	10.7	54.7	5.72	2.25	
582	2451	19.6	5.6	74.4	11.7	5.0	24.6	3.14	1.24	
489	2056	18.3	6.5	51.4	11.3	6.4	26.6	2.80	1.10	
431	1811	17.4	6.0	45.3	10.2	5.3	20.8	3.01	1.18	
861	3624	31.3	9.7	96.0	10.5	7.5	45.7	5.35	2.10	
701	2945	27.0	11.5	69.2	18.0	7.0	41.9	4.14	1.63	
631	2647	24.7	10.2	63.1	14.2	7.8	35.2	3.66	1.44	
441	1853	18.1	6.1	47.3	9.1	2.8	21.0	2.58	1.01	
418	1756	17.2	5.6	42.5	8.3	3.3	21.8	2.49	0.98	
702	2937	26.5	12.8	74.4	10.1	6.5	38.6	4.14	1.63	
647	2707	25.7	11.3	67.8	9.6	7.0	32.8	3.96	1.56	

Pizza name	Crust Type	Per 100g										
		Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
New Yorker	Classic Crust	Large	260	1092	8.5	2.7	32.7	6.2	3.6	11.4	1.56	0.62
		Medium	266	1117	9.5	3.2	28.0	5.2	3.5	15.2	1.64	0.65
		Small	251	1049	9.4	3.3	27.3	3.7	2.4	13.1	1.55	0.61
		Personal	295	1239	10.1	2.9	37.5	5.8	2.5	12.1	1.69	0.66
	Italian Style Crust	Large	255	1071	10.3	3.7	25.3	5.6	3.2	13.7	1.65	0.65
		Medium	255	1071	11.1	3.9	25.1	5.7	2.9	12.2	1.99	0.78
		Small	271	1139	10.7	3.4	28.4	3.0	2.2	14.2	1.91	0.75
	Stuffed Crust	Large	263	1105	10.7	4.5	24.9	6.5	2.5	15.6	1.69	0.66
		Medium	255	1068	10.5	4.3	24.3	5.5	3.0	14.1	1.63	0.64
	Thin & Crispy Crust	Large	270	1134	11.9	4.1	27.2	5.2	1.6	12.7	1.80	0.71
		Medium	284	1191	12.6	4.3	26.9	5.2	2.0	14.6	1.93	0.76
	Tabasco & Cheese Stuffed Crust	Large	241	1007	9.5	4.6	24.5	3.2	2.1	13.1	1.55	0.61
Medium		261	1093	10.9	4.8	26.2	3.6	2.7	13.2	1.74	0.69	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
602	2533	19.6	6.2	75.8	14.4	8.3	26.4	3.63	1.43	
538	2260	19.3	6.4	56.6	10.5	7.0	30.8	3.33	1.31	
1052	4398	39.3	13.9	114.4	15.5	10.2	54.8	6.52	2.56	
568	2389	19.4	5.6	72.3	11.2	4.7	23.3	3.25	1.28	
494	2077	19.9	7.2	49.0	10.8	6.2	26.6	3.20	1.26	
437	1833	19.0	6.7	43.0	9.7	5.0	20.9	3.40	1.34	
873	3670	34.4	11.1	91.4	9.5	7.0	45.8	6.15	2.42	
706	2966	28.6	12.2	66.8	17.5	6.7	41.9	4.53	1.78	
637	2689	26.2	10.9	60.8	13.7	7.6	35.3	4.06	1.60	
447	1874	19.7	6.8	44.9	8.5	2.6	21.0	2.98	1.17	
424	1778	18.8	6.3	40.2	7.8	3.1	21.8	2.89	1.14	
706	2952	28.0	13.4	72.0	9.5	6.2	38.5	4.53	1.78	
653	2730	27.2	12.0	65.4	9.1	6.8	32.9	4.36	1.71	

Pizza name	Crust Type	Per 100g										
		Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
New York Hotdog	Classic Crust	Large	257	1081	9.6	3.4	30.9	6.3	3.3	10.0	1.38	0.54
		Medium	262	1101	10.5	3.7	27.0	5.5	3.3	13.4	1.42	0.56
		Small	288	1210	11.2	4.0	34.7	5.5	2.5	11.0	1.46	0.57
		Personal	286	1204	10.7	3.9	35.6	6.0	2.3	10.9	1.51	0.59
	Italian Style Crust	Large	252	1060	11.5	4.4	24.0	5.8	2.9	11.9	1.43	0.56
		Medium	252	1057	12.0	4.5	24.3	6.0	2.7	10.4	1.70	0.67
		Small	264	1109	11.2	4.0	27.7	3.6	2.1	12.1	1.58	0.62
	Stuffed Crust	Large	248	1036	10.9	5.1	22.3	3.6	3.9	13.2	1.42	0.56
		Medium	252	1059	11.2	4.8	23.8	5.7	2.9	12.7	1.44	0.57
	Thin & Crispy Crust	Large	265	1113	13.1	4.9	25.4	5.5	1.4	10.7	1.53	0.60
		Medium	277	1163	13.5	4.9	25.7	5.6	1.9	12.3	1.61	0.63
	Tabasco & Cheese Stuffed Crust	Large	240	1004	10.4	5.0	23.7	3.6	2.0	11.9	1.40	0.55
Medium		259	1082	11.5	5.2	25.7	4.0	2.6	11.8	1.55	0.61	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
653	2749	24.5	8.6	78.6	16.2	8.4	25.5	3.52	1.39	
574	2412	22.9	8.2	59.2	12.1	7.1	29.3	3.11	1.22	
1277	5370	49.5	18.0	153.9	24.3	11.1	48.7	6.48	2.95	
600	2526	22.4	8.1	74.6	12.6	4.8	22.8	3.16	1.24	
545	2293	24.8	9.5	51.9	12.6	6.3	25.8	3.10	1.22	
473	1986	22.6	8.5	45.6	11.3	5.1	19.5	3.19	1.25	
914	3847	38.9	14.0	96.2	12.5	7.2	41.9	4.49	2.16	
788	3297	34.8	16.1	71.0	11.4	12.3	41.9	4.51	1.77	
673	2822	29.9	12.7	63.4	15.3	7.7	33.9	3.85	1.51	
498	2090	24.6	9.1	47.8	10.3	2.7	20.2	2.87	1.13	
460	1931	22.4	8.2	42.8	9.4	3.2	20.4	2.67	1.05	
757	3168	32.9	15.8	74.8	11.3	6.3	37.7	4.43	1.74	
711	2973	31.5	14.2	70.7	11.1	7.1	32.5	4.27	1.68	

Pizza name	Crust Type	Per 100g										
		Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
Original Cheese and Tomato	Classic Crust	Large	259	1091	5.8	2.6	37.1	7.1	4.0	12.5	1.28	0.50
		Medium	265	1114	6.6	3.1	32.5	6.1	4.0	16.9	1.32	0.52
		Small	246	1031	6.2	3.2	32.1	4.4	2.8	14.0	1.21	0.47
		Personal	296	1248	6.7	3.0	44.7	7.0	2.9	12.9	1.41	0.55
	Italian Style Crust	Large	253	1066	7.3	3.8	29.5	6.6	3.6	15.5	1.32	0.52
		Medium	252	1060	7.8	4.0	30.1	6.9	3.4	13.7	1.66	0.65
		Small	270	1136	6.7	3.2	35.2	3.8	2.6	15.8	1.52	0.60
	Stuffed Crust	Large	263	1105	8.7	4.7	27.8	7.3	2.7	17.1	1.46	0.58
		Medium	253	1061	8.3	4.4	27.4	6.3	3.3	15.3	1.37	0.54
	Thin & Crispy Crust	Large	271	1140	8.7	4.3	32.6	6.3	1.7	14.7	1.43	0.56
		Medium	287	1205	9.0	4.4	33.2	6.5	2.4	16.9	1.53	0.60
	Tabasco & Cheese Stuffed Crust	Large	238	997	7.6	4.7	27.1	3.6	2.3	14.2	1.33	0.52
Medium		260	1088	8.7	4.9	29.6	4.2	3.0	14.2	1.50	0.59	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
529	2227	11.9	5.4	75.8	14.5	8.2	25.6	2.62	1.03	
461	1941	11.5	5.4	56.6	10.6	6.9	29.4	2.30	0.90	
877</										

		Personal	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Ranch BBQ	Italian Style Crust	Large	327	1380	10.7	3.3	43.3	10.4	2.2	13.6	1.69	0.66
		Medium	304	1276	11.3	3.9	36.5	14.0	2.1	13.0	1.69	0.67
		Small	289	1210	10.4	4.2	34.8	10.3	1.3	13.6	1.85	0.73
		Personal	295	1234	11.9	4.5	32.1	9.5	1.2	14.4	1.94	0.76
	Stuffed Crust	Large	300	1257	11.6	5.0	33.2	10.0	3.1	14.2	1.89	0.74
		Medium	294	1231	11.1	4.9	32.0	9.7	3.7	14.6	1.81	0.71
	Thin & Crispy Crust	Large	316	1327	12.4	4.3	32.7	12.3	2.4	17.3	1.94	0.76
		Medium	332	1393	13.3	4.4	38.4	12.8	1.7	14.0	2.23	0.88
	Tabasco & Cheese Stuffed Crust	Large	279	1167	10.3	4.5	31.6	7.4	2.2	14.1	1.75	0.69
		Medium	294	1230	11.5	4.9	31.7	1.6	2.5	14.9	1.87	0.73

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)												
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)			
637	2685	20.7	6.3	84.2	20.2	4.3	26.5	3.28	1.29			
596	2502	22.2	7.7	71.5	27.5	4.2	25.5	3.32	1.30			
617	2581	22.2	9.1	74.3	22.1	2.7	29.0	3.95	1.56			
935	3907	37.7	14.3	101.5	30.1	3.8	45.9	6.13	2.41			
811	3403	31.3	13.4	89.8	26.9	8.4	38.5	5.11	2.01			
731	3068	27.6	12.1	79.7	24.2	9.3	36.4	4.52	1.78			
529	2224	20.8	7.2	54.8	20.6	4.1	29.0	3.25	1.28			
493	2071	19.7	6.6	57.0	19.0	2.5	20.7	3.32	1.30			
824	3447	30.4	13.3	93.3	22.0	6.6	41.5	5.15	2.03			
733	3066	28.6	12.2	78.9	4.0	6.3	37.0	4.65	1.83			

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Scrummy	Classic Crust	Large	278	1167	10.2	3.5	31.9	6.0	3.4	13.0	1.71	0.67
		Medium	284	1192	11.3	4.0	27.4	5.0	3.3	16.6	1.79	0.70
		Small	269	1122	11.0	4.1	26.9	3.7	2.4	14.4	1.68	0.66
		Personal	309	1295	12.6	4.3	33.6	5.2	2.2	14.0	1.93	0.76
	Italian Style Crust	Large	277	1161	12.2	4.6	24.9	5.4	3.0	15.4	1.82	0.72
		Medium	278	1163	13.0	4.8	24.7	5.4	2.8	14.1	2.13	0.84
		Small	292	1225	12.6	4.4	27.8	3.0	2.1	15.8	2.04	0.80
	Stuffed Crust	Large	279	1169	12.1	5.1	24.6	6.3	2.4	16.8	1.81	0.71
		Medium	271	1133	11.9	4.9	24.1	5.3	2.9	15.3	1.74	0.69
	Thin & Crispy Crust	Large	294	1233	14.0	5.1	26.5	5.0	1.5	14.8	1.99	0.78
		Medium	306	1283	14.6	5.2	26.2	5.0	2.0	16.5	2.10	0.82
	Tabasco & Cheese Stuffed Crust	Large	256	1071	10.9	5.1	24.3	3.2	2.1	14.3	1.67	0.66
Medium		277	1156	12.3	5.4	25.8	3.6	2.6	14.4	1.86	0.73	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)												
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)			
687	2884	25.2	8.7	78.7	14.8	8.5	32.0	4.24	1.67			
617	2589	24.5	8.6	59.5	10.9	7.2	36.0	3.88	1.53			
1196	4994	48.8	18.2	119.8	16.3	10.6	64.1	7.47	2.94			
695	2916	28.4	9.8	75.7	11.7	5.0	31.6	4.36	1.71			
579	2428	25.5	9.6	52.0	11.2	6.4	32.2	3.81	1.50			
516	2163	24.2	8.9	45.9	10.1	5.2	26.2	3.96	1.56			
1017	4266	43.9	15.3	96.8	10.3	7.4	55.0	7.10	2.79			
791	3316	34.2	14.6	69.8	17.9	6.9	47.5	5.14	2.02			
716	2998	31.4	13.1	63.7	14.1	7.8	40.6	4.61	1.81			
531	2225	25.3	9.2	47.9	8.9	2.8	26.6	3.59	1.41			
503	2107	24.0	8.6	43.1	8.2	3.2	27.1	3.44	1.35			
791	3303	33.5	15.9	74.9	9.9	6.4	44.1	5.14	2.02			
732	3059	32.4	14.2	68.3	9.5	7.0	38.2	4.91	1.93			

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Dominos Tandoori Hot	Classic Crust	Large	216	910	4.0	1.5	33.0	6.5	3.7	10.3	1.31	0.52
		Medium	219	923	4.5	1.8	28.8	5.5	3.6	14.0	1.35	0.53
		Small	207	868	4.5	2.0	28.6	4.1	2.6	11.9	1.25	0.49
		Personal	249	1050	4.9	2.0	38.6	6.2	2.6	11.3	1.44	0.57
	Italian Style Crust	Large	203	855	4.9	2.2	25.9	5.9	3.3	12.4	1.35	0.53
		Medium	200	843	5.2	2.3	26.2	6.1	3.1	10.8	1.64	0.64
		Small	214	904	4.3	1.7	30.1	3.5	2.4	12.7	1.51	0.60
	Stuffed Crust	Large	225	947	6.7	3.4	25.3	6.7	2.6	14.6	1.47	0.58
		Medium	217	911	6.4	3.2	25.1	5.8	3.2	13.2	1.39	0.55
	Thin & Crispy Crust	Large	209	880	5.5	2.4	27.8	5.6	1.8	11.2	1.44	0.57
		Medium	220	928	5.8	2.4	28.1	5.7	2.3	13.0	1.53	0.60
	Tabasco & Cheese Stuffed Crust	Large	207	864	5.9	3.6	24.9	3.5	2.2	12.3	1.35	0.53
Medium		225	941	6.9	3.7	27.1	4.0	2.9	12.2	1.50	0.59	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)												
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)			
513	2163	9.4	3.5	78.3	15.3	8.8	24.5	3.12	1.23			
448	1886	9.2	3.7	58.9	11.3	7.4	28.6	2.76	1.08			
860	3599	18.6	8.4	118.7	17.2	11.0	49.3	5.17	2.03			
480	2025	9.5	3.8	74.3	11.9	5.1	21.8	2.77	1.09			
405	1707	9.7	4.5	51.6	11.8	6.6	24.8	2.69	1.06			
347	1460	8.9	4.0	45.4	10.6	5.4	18.8	2.83	1.11			
681	2871	13.7	5.6	95.7	11.2	7.7	40.2	4.80	1.89			
617	2596	18.4	9.4	69.4	18.4	7.1	40.0	4.03	1.58			
547	2295	16.2	8.1	63.2	14.6	8.0	33.2	3.49	1.37			
358	1505	9.5	4.1	47.5	9.5	3.0	19.2	2.47	0.97			
334	1404	8.7	3.6	42.5	8.6	3.4	19.7	2.32	0.91			
617	2582	17.8	10.7	74.5	10.5	6.7	36.7	4.02	1.58			
566	2369	17.3	9.3	68.2	10.0	7.2	30.8	3.78	1.49			

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Tandoori Sizzler	Classic Crust	Large	209	883	3.9	1.4	32.3	6.4	3.6	9.7	1.06	0.42
		Medium	213	895	4.4	1.7	28.3	5.5	3.5	13.2	1.08	0.42
		Small	201	840	4.3	2.0	28.0	4.1	2.6	11.2	1.00	0.39
		Personal	242	1018	4.8	1.9	37.7	6.1	2.5	10.7	1.19	0.47
	Italian Style Crust	Large	196	825	4.7	2.2	25.3	5.8	3.2	11.6	1.04	0.41
		Medium	193	812	5.0	2.2	25.7	6.1	3.0	10.0	1.31	0.51
		Small	205	866	4.1	1.7	29.2	3.5	2.3	11.8	1.19	0.47
	Stuffed Crust	Large	219	922	6.6	3.4	24.9	6.7	2.5	14.0	1.24	0.49
		Medium	212	889	6.3	3.2	24.7	5.8	3.1	12.6	1.16	0.46
	Thin & Crispy Crust	Large	200	843	5.3	2.3	27.0	5.5	1.7	10.4	1.09	0.43
		Medium	212	890	5.6	2.3	27.5	5.7	2.2	12.0	1.16	0.46
	Tabasco & Cheese Stuffed Crust	Large	202	843	5.8	3.5	24.6	3.5	2.2	11.8	1.14	0.45
Medium		218	913	6.7	3.6	26.5	4.0	2.8	11.6	1.28	0.50	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)												
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)			
510	2149	9.4	3.5	78.6	15.6	8.7	23.7	2.57	1.01			
443	1867	9.2	3.6	59.1	11.5	7.4	27.6	2.25	0.88			
855	3576	18.5	8.4	119.2	17.6	10.9	47.9	4.27	1.68			
478	2013	9.5	3.8	74.6	12.1	5.0	21.1	2.34	0.92			
402	1693	9.7	4.5	51.9	12.0	6.6	23.9	2.14	0.84			
342	1440	8.9	4.0	45.6	10.8	5.4	17.7	2.32	0.91			
675	2848	13.6	5.5	96.2	11.6	7.8	38.9	3.91	1.54			
614	2581	18.4	9.4	69.7	18.7	7.1	39.2	3.48	1.37			
542	2276	16.1	8.1	63.4	14.8	7.9	32.1	2.98	1.17			
354	1490	9.4	4.1									

	Stuffed Crust	Medium	230	961	8.7	4.1	25.6	4.6	2.6	10.9	1.46	0.57	634	2653	24.1	11.3	70.7	12.7	7.2	30.1	4.03	1.58
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Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
The Meatfielder	Classic Crust	Large	286	1201	11.1	3.9	32.8	6.3	3.6	12.0	1.71	0.67
		Medium	294	1232	12.3	4.4	28.2	5.3	3.5	15.7	1.78	0.70
		Small	275	1150	11.8	4.5	27.6	3.8	2.5	13.5	1.66	0.65
		Personal	318	1333	13.5	4.7	34.5	5.4	2.3	13.2	1.94	0.76
	Italian Style Crust	Large	287	1201	13.4	5.1	25.6	5.7	3.2	14.4	1.82	0.71
		Medium	289	1209	14.4	5.4	25.5	5.8	3.0	12.9	2.15	0.84
		Small	302	1267	13.7	4.9	28.7	3.1	2.2	14.8	2.04	0.80
		Personal	286	1199	12.9	5.5	25.1	6.6	2.5	16.1	1.81	0.71
	Stuffed Crust	Large	278	1163	12.8	5.3	24.6	5.6	3.1	14.6	1.74	0.68
		Medium	307	1284	15.5	5.8	27.5	5.3	1.6	13.5	1.99	0.78
	Thin & Crispy Crust	Large	325	1361	17.6	6.3	25.1	4.9	2.0	15.5	2.22	0.87
		Medium	262	1095	11.6	5.5	24.8	3.3	2.2	13.6	1.66	0.65
	Tabasco & Cheese Stuffed Crust	Large	284	1187	13.2	5.8	26.4	3.7	2.7	13.6	1.86	0.73
		Medium										

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)											
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)		
677	2841	26.3	9.2	77.6	14.8	8.5	28.3	4.03	1.59		
608	2550	25.5	9.2	58.4	10.9	7.3	32.5	3.69	1.45		
1177	4911	50.3	19.0	117.9	16.3	10.7	57.8	7.11	2.79		
687	2881	29.3	10.3	74.7	11.7	5.0	28.5	4.19	1.65		
569	2384	26.5	10.2	50.8	11.2	6.4	28.5	3.61	1.42		
507	2124	25.2	9.5	44.8	10.1	5.2	22.7	3.77	1.48		
997	4183	45.4	16.2	94.9	10.3	7.4	48.8	6.74	2.65		
781	3273	35.2	15.1	68.7	17.9	6.9	43.8	4.94	1.94		
707	2959	32.5	13.6	62.6	14.1	7.8	37.1	4.42	1.74		
521	2182	26.3	9.8	46.7	9.0	2.8	22.9	3.38	1.33		
550	2303	29.8	10.7	42.6	8.3	3.4	26.3	3.75	1.48		
781	3260	34.6	16.4	73.8	9.9	6.4	40.4	4.94	1.94		
723	3020	33.5	14.7	67.2	9.5	7.0	34.7	4.72	1.86		

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
The Sizzler	Classic Crust	Large	264	1107	9.3	3.0	32.4	5.2	3.0	11.1	1.68	0.66
		Medium	273	1143	9.8	3.2	30.7	5.1	3.2	13.8	2.13	0.84
		Small	300	1262	9.8	3.1	39.3	7.1	2.1	12.8	1.81	0.71
		Personal	297	1249	8.7	2.7	41.2	6.9	2.7	12.0	2.20	0.87
	Italian Style Crust	Large	263	1106	10.0	3.2	27.6	7.7	2.4	14.5	2.24	0.88
		Medium	271	1134	10.5	3.4	30.1	7.8	3.1	12.3	2.25	0.89
		Small	267	291	10.3	3.5	27.9	5.1	2.9	14.2	2.56	1.01
		Personal	259	1087	10.4	4.2	26.7	7.0	4.1	12.8	1.64	0.65
	Stuffed Crust	Large	270	1134	11.0	4.8	28.1	6.8	2.7	13.4	1.68	0.66
		Medium	269	1125	11.4	3.9	25.9	5.9	3.1	14.2	1.89	0.74
	Thin & Crispy Crust	Large	295	1238	12.3	4.2	28.4	5.9	2.3	16.7	2.08	0.82
		Medium	249	1041	9.6	3.9	26.0	3.7	2.6	13.2	1.75	0.69
	Tabasco & Cheese Stuffed Crust	Large	260	1088	10.5	4.2	26.0	3.5	2.1	14.2	1.91	0.75
		Medium										

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)											
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)		
615	2576	21.6	6.9	75.5	12.1	6.9	25.8	3.92	1.54		
550	2307	19.8	6.5	61.9	10.3	6.4	27.8	4.30	1.69		
1239	5211	40.4	13.0	162.0	29.1	8.8	52.6	7.46	2.93		
562	2363	16.5	5.1	77.9	13.1	5.1	22.8	4.17	1.64		
513	2152	19.6	6.3	53.7	15.0	4.7	28.2	4.36	1.71		
461	1932	17.9	5.8	51.4	13.3	5.2	21.0	3.84	1.51		
844	919	32.6	11.2	88.2	16.0	9.2	44.7	8.09	3.18		
698	2926	27.9	11.4	72.0	19.0	11.0	34.5	4.42	1.74		
674	2824	27.4	12.0	70.1	16.9	6.7	33.3	4.19	1.65		
446	1869	18.9	6.5	43.0	9.8	5.1	23.6	3.14	1.24		
439	1841	18.2	6.2	42.3	8.7	3.4	24.9	3.10	1.22		
732	3059	28.3	11.5	76.5	10.9	7.5	38.9	5.14	2.02		
647	2706	26.2	10.4	64.9	8.8	5.3	35.3	4.75	1.87		

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Tuna Supreme	Classic Crust	Large	235	992	4.8	1.7	35.5	7.0	3.9	10.8	1.06	0.42
		Medium	237	1000	5.3	2.0	31.5	6.2	3.9	14.2	1.07	0.42
		Small	225	942	5.3	2.2	30.9	4.5	2.8	12.3	1.01	0.40
		Personal	269	1133	5.8	2.2	41.3	6.7	2.8	11.7	1.20	0.47
	Italian Style Crust	Large	225	950	5.9	2.5	28.5	6.5	3.6	13.1	1.05	0.41
		Medium	221	930	6.1	2.6	29.2	6.9	3.4	10.9	1.33	0.52
		Small	238	1005	5.4	2.0	33.2	4.0	2.6	13.3	1.22	0.48
		Personal	242	1019	7.6	3.7	27.2	7.2	2.7	15.2	1.26	0.50
	Stuffed Crust	Large	232	973	7.1	3.5	27.1	6.3	3.4	13.3	1.16	0.46
		Medium	236	993	6.9	2.7	31.0	6.2	1.9	11.9	1.10	0.43
	Thin & Crispy Crust	Large	246	1035	7.0	2.7	31.8	6.6	2.5	13.2	1.16	0.46
		Medium	221	926	6.7	3.8	26.6	3.8	2.3	12.7	1.15	0.45
	Tabasco & Cheese Stuffed Crust	Large	238	998	7.6	3.9	29.0	4.4	3.0	12.3	1.29	0.51
		Medium										

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)											
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)		
532	2242	10.9	3.8	80.3	15.7	8.8	24.4	2.40	0.94		
458	1930	10.3	3.9	60.9	11.9	7.6	27.4	2.07	0.81		
887	3712	20.9	8.8	121.7	17.8	11.1	48.5	3.98	1.56		
494	2082	10.7	4.0	75.9	12.2	5.1	21.5	2.20	0.86		
424	1786	11.2	4.7	53.6	12.1	6.7	24.6	1.98	0.78		
357	1504	9.9	4.2	47.3	11.1	5.5	17.6	2.14	0.84		
707	2984	16.0	6.0	98.7	11.8	7.8	39.5	3.61	1.42		
636	2674	19.9	9.7	71.4	18.8	7.2	39.9	3.31	1.30		
557	2339	17.2	8.3	65.1	15.1	8.1	32.0	2.80	1.10		
376	1583	11.0	4.3	49.4	9.9	3.1	19.0	1.75	0.69		
344	1449	9.7	3.8	44.5	9.2	3.6	18.5	1.63	0.64		
636	2661	19.2	11.0	76.5	10.9	6.7	36.5	3.31	1.30		
573	2400	18.2	9.5	69.7	10.5	7.3	29.6	3.10	1.22		

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Ultimate Bacon Cheeseburger	Classic Crust	Large	231	970	8.0	2.1	28.8	6.5	3.1	9.2	1.36	0.54
		Medium	235	987	8.9	2.3	25.1	5.8	3.1	12.2	1.40	0.55
		Small	224	935	8.6	2.5	25.0	4.5	2.2	10.6	1.32	0.52
		Personal	259	1091	9.7	2.4	31.9	6.0	2.1	10.0	1.51	0.59
	Italian Style Crust	Large	222	934	9.4	2.8	22.4	6.1	2.7	10.8	1.40	0.55
		Medium	222	932	10.0	2.8	22.5	6.2	2.6	9.4	1.64	0.65
		Small	233	980	9.4	2.4	25.3	4.1	2.0	10.9	1.55	0.61
		Personal	227	949	9.5	3.9	21.3	4.0	3.7	12.3	1.40	0.55
	Stuffed Crust	Large	231	967	9.8	3.5	22.5	5.9	2.7	11.8	1.43	0.56
		Medium	230	964	10.5	3.0	23.5	5.8	1.4	9.6	1.48	0.58
	Thin & Crispy Crust	Large	240	1009	11.0	2.9	23.5	5.9	1.8	10.9	1.56	0.61
		Medium	220	919	9.0	3.8	22.6	4.0	2.0	11.1	1.38	0.54
	Tabasco & Cheese Stuffed Crust	Large	236	988	10.1	3.9	24.1	4.4	2.5	11.0	1.53	0.60
		Medium										

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)											
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)		
653	2747	22.8	5.8	81.7	18.5	8.9	26.2	3.86	1.52		
579	2433	21.9	5.7	61.9	14.2	7.5	30.1	3.46	1.36		
1113	4656	42.7	12.3	124.3	22.4	11.1	52.7	6.58	2.59		
627	2638	23.5	5.7	77.2	14.6	5.2	24.3	3.65	1.44		
545	2291	23.1	6.8	55.0	14.9	6.7	26.4	3.44	1.35		
478	2006	21.5	6.0	48.3	13.4	5.5	20.2	3.53	1.39		
934	3928	37.8	9.4	101.3	16.4	7.9	43.7	6.22	2.44		
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Vegi Classic	Italian Style Crust	Crust Type	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
	Large		201	848	5.0	2.4	27.0	6.5	3.6	10.6	0.96	0.38
	Medium		199	836	5.3	2.5	27.6	6.8	3.4	8.8	1.25	0.49
	Small		214	903	4.4	1.9	31.8	4.0	2.7	10.8	1.12	0.44
	Stuffed Crust	Large	225	946	6.9	3.6	26.1	7.2	2.8	13.4	1.19	0.47
		Medium	217	910	6.6	3.4	25.9	6.2	3.4	11.9	1.11	0.44
	Thin & Crispy Crust	Large	207	873	5.7	2.6	29.3	6.3	2.0	9.0	0.99	0.39
		Medium	220	927	6.0	2.6	29.8	6.5	2.6	10.8	1.07	0.42
	Tabasco & Cheese Stuffed Crust	Large	215	898	7.6	4.5	25.0	4.1	2.8	10.4	1.14	0.45
		Medium	224	935	7.0	3.9	27.9	4.3	3.0	10.9	1.24	0.49

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
378	1594	9.3	4.5	50.8	12.3	6.8	19.9	1.80	0.71	
321	1352	8.6	4.0	44.6	11.0	5.5	14.2	2.02	0.79	
635	2680	13.0	5.6	94.3	12.0	8.0	32.1	3.34	1.31	
590	2482	18.0	9.4	68.6	19.0	7.3	35.2	3.14	1.23	
521	2188	15.8	8.1	62.4	15.0	8.1	28.6	2.68	1.05	
331	1391	9.1	4.1	46.7	10.0	3.2	14.3	1.98	0.62	
308	1297	8.4	3.6	41.7	9.1	3.6	15.1	1.50	0.59	
617	2580	21.7	12.9	71.8	11.7	8.0	29.9	3.28	1.29	
537	2248	16.8	9.3	67.0	10.4	7.3	26.2	2.97	1.17	

Vegi Sizzler	Crust Type	Crust Type	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
	Classic Crust	Large	212	895	4.0	1.5	34.0	6.8	3.8	8.4	0.98	0.38
		Medium	216	908	4.5	1.9	29.8	5.9	3.8	12.1	1.00	0.39
		Small	203	848	4.5	2.1	29.3	4.4	2.7	10.1	0.93	0.36
		Personal	247	1040	5.0	2.0	39.8	6.6	2.7	9.4	1.11	0.44
	Italian Style Crust	Large	198	834	4.9	2.4	26.7	6.3	3.5	10.3	0.95	0.37
		Medium	195	821	5.2	2.4	27.2	6.6	3.3	8.4	1.23	0.49
		Small	209	879	4.3	1.8	31.0	3.8	2.5	10.4	1.10	0.43
	Stuffed Crust	Large	222	935	6.8	3.6	25.9	7.1	2.7	13.2	1.19	0.47
		Medium	214	899	6.5	3.3	25.7	6.1	3.3	11.6	1.10	0.43
	Thin & Crispy Crust	Large	204	857	5.6	2.5	28.9	6.0	1.8	8.6	0.98	0.39
		Medium	216	908	5.9	2.5	29.3	6.2	2.4	10.4	1.06	0.42
	Tabasco & Cheese Stuffed Crust	Large	203	851	6.0	3.7	25.5	3.7	2.3	10.9	1.08	0.43
		Medium	221	924	6.9	3.8	27.6	4.2	2.9	10.7	1.23	0.48

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
483	2039	9.0	3.5	77.4	15.6	8.7	19.2	2.23	0.88	
420	1769	8.9	3.6	56.0	11.5	7.4	23.6	1.94	0.76	
811	3393	17.9	8.4	117.1	17.6	10.9	40.5	3.70	1.46	
456	1921	9.2	3.8	73.5	12.1	5.0	17.4	2.06	0.81	
375	1582	9.3	4.5	50.8	12.0	6.8	19.5	1.80	0.71	
319	1343	8.5	4.0	44.4	10.8	5.4	13.8	2.02	0.79	
632	2664	13.0	5.5	94.0	11.6	7.6	31.5	3.34	1.31	
587	2471	18.0	9.4	68.4	18.7	7.1	34.7	3.13	1.23	
519	2178	15.8	8.1	62.2	14.8	7.9	28.2	2.67	1.05	
328	1380	9.1	4.1	46.5	9.7	2.9	13.9	1.58	0.62	
306	1287	8.3	3.6	41.6	8.8	3.4	14.7	1.50	0.59	
587	2458	17.3	10.7	73.6	10.7	6.6	31.4	3.13	1.23	
535	2239	16.8	9.2	66.8	10.2	7.1	25.8	2.97	1.17	

Vegi Supreme	Crust Type	Crust Type	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
	Classic Crust	Large	211	891	3.9	1.5	33.8	6.7	3.9	8.5	0.95	0.37
		Medium	214	903	4.5	1.8	29.8	5.9	3.8	12.0	0.96	0.38
		Small	203	848	4.5	2.1	29.4	4.4	2.8	10.1	0.90	0.35
		Personal	244	1030	4.9	2.0	39.4	6.5	2.8	9.4	1.08	0.42
	Italian Style Crust	Large	197	831	4.8	2.3	26.8	6.2	3.5	10.2	0.91	0.36
		Medium	195	819	5.1	2.3	27.3	6.5	3.4	8.5	1.19	0.47
		Small	208	879	4.3	1.8	31.1	3.8	2.6	10.4	1.06	0.42
	Stuffed Crust	Large	221	930	6.7	3.5	26.0	7.0	2.7	13.0	1.15	0.45
		Medium	213	895	6.4	3.3	25.8	6.0	3.3	11.6	1.07	0.42
	Thin & Crispy Crust	Large	202	852	5.5	2.4	28.9	5.9	2.0	8.6	0.94	0.37
		Medium	214	901	5.8	2.4	29.3	6.1	2.5	10.3	1.01	0.40
	Tabasco & Cheese Stuffed Crust	Large	203	848	5.9	3.6	25.6	3.7	2.4	10.8	1.06	0.42
		Medium	220	920	6.8	3.7	27.6	4.2	3.0	10.6	1.19	0.47

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
497	2097	9.3	3.5	79.6	15.9	9.1	19.9	2.23	0.88	
432	1822	9.1	3.7	60.0	11.8	7.7	24.3	1.94	0.76	
833	3487	18.3	8.4	120.8	18.0	11.5	41.5	3.71	1.46	
467	1967	9.4	3.8	75.3	12.3	5.3	17.9	2.06	0.81	
389	1641	9.6	4.5	52.9	12.3	6.9	20.1	1.80	0.71	
331	1395	8.8	4.0	46.5	11.0	5.7	14.4	2.02	0.79	
654	2759	13.4	5.6	97.7	12.0	8.3	32.5	3.34	1.31	
601	2530	18.3	9.4	70.7	19.0	7.5	35.4	3.14	1.23	
531	2231	16.0	8.1	64.3	15.0	8.3	28.8	2.68	1.05	
342	1439	9.3	4.1	48.8	10.0	3.3	14.5	1.58	0.62	
318	1340	8.6	3.6	43.6	9.1	3.7	15.3	1.50	0.59	
601	2516	17.6	10.7	75.8	11.0	7.0	32.0	3.13	1.23	
548	2291	17.0	9.3	68.9	10.4	7.5	26.4	2.97	1.17	

Vegi Volcano	Crust Type	Crust Type	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
	Classic Crust	Large	229	963	7.2	2.5	29.7	5.2	2.8	10.0	1.27	0.50
		Medium	235	986	7.4	2.7	28.1	5.2	3.0	12.4	1.66	0.65
		Small	266	1120	7.5	2.6	37.3	7.1	2.0	11.5	1.38	0.54
		Personal	262	1105	7.1	2.4	37.8	6.9	2.4	10.7	1.76	0.69
	Italian Style Crust	Large	222	935	7.6	2.7	24.7	7.6	2.2	13.0	1.72	0.68
		Medium	226	949	7.7	2.7	27.1	7.8	2.8	10.8	1.69	0.66
		Small	223	128	7.3	2.8	25.6	5.2	2.7	12.5	1.99	0.78
	Stuffed Crust	Large	229	962	8.5	3.8	24.6	7.0	3.9	11.8	1.29	0.51
		Medium	239	1005	9.0	4.3	26.1	6.8	2.5	12.3	1.31	0.52
	Thin & Crispy Crust	Large	221	926	8.4	3.3	22.6	5.9	2.8	12.5	1.31	0.52
		Medium	243	1022	8.9	3.4	25.1	6.0	2.1	14.7	1.45	0.57
	Tabasco & Cheese Stuffed Crust	Large	209	876	6.6	4.1	24.0	3.6	2.2	12.4	1.31	0.52
		Medium	229	959	8.5	3.7	24.1	3.7	2.0	13.0	1.52	0.60

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
564	2366	17.8	6.2	73.0	12.9	6.8	24.5	3.12	1.23	
496	2082	15.7	5.6	59.4	11.0	6.2	26.2	3.50	1.38	
991	4178	27.8	9.5	139.1	26.6	7.4	42.9	5.16	2.03	
520	2190	14.0	4.8	74.8	13.8	4.8	21.3	3.50	1.37	
462	1943	15.7	5.6	51.2	15.8	4.7	26.9	3.56	1.40	
407	1707	13.8	4.9	48.8	14.0	5.1	19.4	3.03	1.19	
721	412	23.5	9.0	82.8	16.9	8.8	40.4	6.43	2.53	
647	2716	24.0	10.7	69.5	19.8	10.9	33.2	3.63	1.43	
619	2600	23.3	11.2	67.6	17.6	6.6	31.7	3.39	1.33	
395	1659	15.0	5.8	40.5	10.7	5.0	22.3	2.35	0.92	
385	1616	14.1	5.4	39.7	9.4	3.3	23.2	2.29	0.90	
642	2688	20.3	12.6	73.7	10.9	6.7	38.1	4.03	1.58	
593	2481	22.1	9.6	62.4	9.6	5.2	33.7	3.94	1.55	

The calorie and nutritional information given for our products is a guide only, as all our pizzas are handmade to order and nutritional values may vary.
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